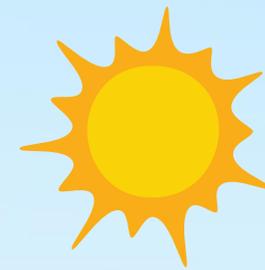


Week 1 - Spring / Summer 2023 Menu

Week starting: 17th April, 8th May, 5th June, 26th June, 17th July, 18th September, 9th October



Twelve15



No added sugar
Shuggington



Meat free
Monday



Tuesday

Wednesday

Thursday

Friday

Option 1

Cheese & Tomato Pizza
with Potato Tots 

Pork Sausages
with Creamed Potato
& Gravy

Roast Pork
with Roast Potatoes
& Gravy

Wholemeal Pasta
Beef Bolognese 

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Plant Based Sausage
Roll with Potato Tots


Meat-Free Sausage
with Creamed Potato
& Gravy 

Quorn Fillet
with Roast Potatoes
& Gravy 

 Ricotta Cheese & 
Spinach Wholemeal
Ravioli in Tomato Sauce

Garden Vegetable
Goujons
with Oven Chips 

Option 3

Jacket Potato with
Cheese & Beans or
Tuna Mayo

Tomato Pasta Pot


Jacket Potato with
Cheese & Beans or
Tuna Mayo

Cheese or Ham Wrap

Jacket Potato with
Cheese & Beans or
Salmon 

Vegetables

Coleslaw
Garden Peas

Sweetcorn
Green Beans

Carrots
Broccoli

Medley of Vegetables

Garden Peas
Baked Beans

Dessert

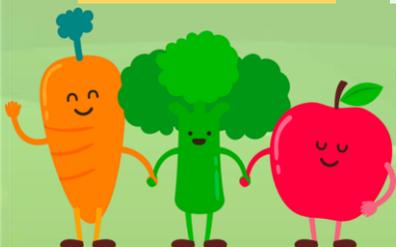
Shortbread Biscuit

Fruit Yoghurt

Orange & Mandarin
Jelly with Whipped
Creme Fraiche 

Fresh Fruit Salad 

Vanilla Ice Cream



LOW SALT

Reduced sugar
and salt recipes

LESS SUGAR

Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudites or
salad bar every day

Look out for these symbols
on our healthy choices

 Vegetarian  Oily Fish
 Wholegrain  Fruity



We only use fish
from sustainable
sources

Harry Ramsden's
Junior



Designed by Twelve15
Twelve15
Favourites

Week 2 - Spring / Summer 2023 Menu

Week starting: 24th April, 15th May, 12th June, 3rd July, 4th September, 25th Sep, 16th October



Twelve 15



Option 1

Meat free
Monday

Tuesday

Wednesday

Thursday

Friday

Ricotta & Mozzarella Filled Ravioli in Tomato Sauce ♡

Beef Burger in a Bun with Oven Chips

Roast Chicken with Roast Potatoes & Gravy

Sweet & Sour Pork with Noodles

Fish Fingers with Potato Tots

Option 2

Meat-Free ♡
Glamorgan Sausage with Potato Wedges

Southern Style Meat-Free Burger in a Bun with Oven Chips ♡

Quorn Fillet with Roast Potatoes & Gravy ♡

Mac 'n' Cheese with Wholemeal Garlic Bread ♡

Veggie Burrito ♡

Option 3

Jacket Potato with Cheese & Beans or Tuna Mayo

Tomato Pasta Pot ♡

Jacket Potato with Cheese & Beans or Tuna Mayo

Cheese or Ham Wrap

Jacket Potato with Cheese & Beans or Salmon 🐟

Vegetables

Green Beans Carrots

Garden Peas Sweetcorn

Cauliflower Carrots

Sweetcorn Broccoli

Baked Beans Garden Peas

Dessert

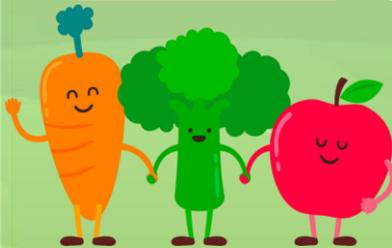
Banana Pancakes 🍌

Mixed Berry Mousse

Cheese & Biscuits with Apple Slices 🍏

Fruit Yoghurt

Chocolate & Beetroot Brownie with Whipped Creme Fraiche



LOW SALT
Reduced sugar and salt recipes
LESS SUGAR

Free for everyone in Reception, Year 1 and 2

Unlimited freshly baked bread and vegetables, crudites or salad bar every day

Look out for these symbols on our healthy choices

- Vegetarian ♡
- Oily Fish 🐟
- Wholegrain 🌾
- Fruity 🍓



We only use fish from sustainable sources



Designed by Twelve 15 Favourites



Week 3 - Spring / Summer 2023 Menu

Week starting: 1st May, 22nd May, 19th June, 10th July, 11th September, 2nd October



Twelve15



Meat free
Monday



Tuesday

Wednesday

No added sugar
Shuggington
Thursday

Friday

Option 1

Wholemeal
♥ Pasta Bake 🌾

BBQ Chicken
with Rice

Roast Turkey Teddy
Meatloaf with Roast
Potatoes & Gravy

Minced Beef &
Vegetable Pie with
New Potatoes & Gravy

Harry Ramsden's
Junior Battered Fish
with Oven Chips

Option 2

Meat-Free Chilli
Topped Wedges ♥

Sweet Potato Whirl
with Rice ♥

Quorn Fillet
with Roast Potatoes
& Gravy ♥

Meat-Free Veggie Balls
in Cheese & Tomato
Sauce with Wholemeal
♥ Pasta 🌾

Meat-Free Sausage &
Tomato Roll ♥
with Oven Chips

Option 3

Jacket Potato with
Cheese & Beans or
Tuna Mayo

Tomato Pasta Pot ♥

Jacket Potato with
Cheese & Beans or
Tuna Mayo

Cheese or Ham Wrap

Jacket Potato with
Cheese & Beans or
Salmon 🐟

Vegetables

Coleslaw
Broccoli

Sweetcorn
Garden Peas

Carrots
Cabbage

Green Beans
Sweetcorn

Baked Beans
Garden Peas

Dessert

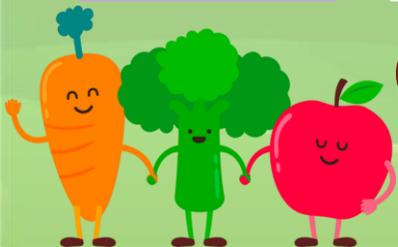
Fruit Yoghurt

Apple Muffin with
Whipped Creme
Fraiche

Strawberry Mousse

Fresh Fruit Salad 🍎

Waffle with Peaches
& Whipped Creme
Fraiche 🍑



LOW SALT

Reduced sugar
and salt recipes

LESS SUGAR

Free for everyone
in Reception,
Year 1 and 2

Unlimited freshly
baked bread and
vegetables, crudites or
salad bar every day

Look out for these symbols
on our healthy choices

♥ Vegetarian 🐟 Oily Fish
🌾 Wholegrain 🍎 Fruity



We only use fish
from sustainable
sources



Harry Ramsden's
Junior

Designed by Twelve15
Twelve15
Favourites