



IN THE **F**OCUS

Gastro Newsletter by *Twelve15*

APPLY FOR SPECIAL DIET ONLINE

IS IT FOR ME?

If your child has food intolerance, allergy or follows a cultural or religious diet, it is for you indeed. We cater for 14 recognised food allergens: celery, crustaceans, dairy, egg, fish, gluten, lupin, molluscs, mustard, nut, peanut, sesame, soya, sulphites. We also support vegetarian, vegan, pescatarian, pork, beef free diets. **If your child requires any of these diets and would like a school meal, you need to complete our online application.**

HOW DO I APPLY?

Applying is super easy, it takes only a few minutes. **Please COMPLETE YOUR APPLICATION BY 15 OCTOBER.**



01

Scan the QR code below or visit www.itsTwelve15.co.uk/allergies

02

Fill the form out, click SUBMIT

03

If you have selected a Medically Prescribed Diet you will be sent a form by a member of Team Twelve15 which you will need to print and get signed by a medical professional.





A daily nutritious, hot, tasty meal makes a **positive difference to the pupils' performance** in school.



A **freshly prepared hot lunch** has undeniably more benefits than cold, packed lunch.



Our procedures and staff training ensures **high standard food safety** and the avoidance of cross contamination.



Saves you time and money. We take the hassle off your shoulders preparing **safe, tasty and quality food for free** (UFSM & FSM) **or for cheaper than a latte**, only £2.45 for KS2, £2.50 for KS3

*We reserve the right to decline to provide a special diet meal if determined by Twelve15 that we are unable to safely cater for the individual.

WHY SHOULD I APPLY

DID YOU KNOW?

VEGETARIAN is someone who chooses not to eat meat but will eat other animal products such as milk, cheese and eggs.

PESCATARIAN is someone who adds fish and seafood to a vegetarian diet.

VEGAN is someone who chooses not to eat or drink any animal products like meat, fish, cheese, milk, eggs, and even honey.

