

Bikeability Level 1

Information and consent form for parents and carers

Bikeability Level 1 Cycle Training improves balance and control skills and takes place in a traffic-free area, usually the school playground.

This training is suitable for those who have just learned to ride and no longer use stabilisers. It is not suitable for those who have not yet learned to ride a cycle.

At the end of the course, your child will receive a certificate, booklet and Level 1 badge.

We recommend that your child wears a helmet. Please also check to see if your school has rules about wearing helmets. If a helmet is being worn it should be correctly fitted (please refer to the cycle check and helmet guide). A helmet will cushion a blow to the head within the limits of its construction standard. British Law does not compel cyclists of any age to wear helmets but the Highway Code suggests cyclists should wear a helmet "which conforms to current regulations, is the correct size and securely fastened".

Adjustments for Covid

Instructors will:

1. Follow government guidance if they develop Covid-19 symptoms, including withdrawing from training courses.
2. Self-isolate when advised to do so.
3. On arrival at your school, they will ask you about any risk control procedures you have in place and will follow those procedures.
4. Continue to carry PPE for use if required.
5. Avoid any unnecessary close proximity or physical contact, as required anyway by the Instructor Code of Conduct.

Conditions

- a. If a trainee is unable to ride a cycle, they will not be able to continue the course.
- b. Cycles must be in a mechanically safe condition; *please check your child's cycle, referring to our cycle check guide, as we cannot make repairs*. BMX bikes must have both brakes fitted.
- c. If a trainee's behaviour endangers the safety of themselves or others, they will not be able to continue the course.



SURREY
COUNTY COUNCIL

Use of your personal information

1. This consent form: the school looks after this consent form.
2. Course register: the school fills in the trainee names on our course register template and provides a copy for the Instructors. Instructors carry the register with them whilst teaching. At the end of the training, the register is handed to the school who scan it and email a copy to the cycle training office. We store completed registers in our office for two years and then dispose of them securely. The reason we store them is so we can respond to any subsequent parental or school enquiries, such as a request for a replacement certificate.
3. Medical or other needs: on arrival at the school, Instructors will ask the school office if any of the trainees have medical or other needs they need to know about to ensure the trainees' welfare.
4. We never pass personal information on to third parties.

I give consent

- ✓ For my child to participate in cycle training.
- ✓ For my personal information to be used as described above.

If you give your consent and agree to the following conditions, and you are the child's parent or carer, please sign below

Child's full name	
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Will your child be wearing a helmet? Please add 'yes' or 'no'

I confirm my child has learned to ride a bike before enrolling on this course. Please tick

I confirm my child's bike will not have stabilisers attached. Please tick

I confirm my child's cycle is in sound mechanical condition. Please tick

Signed consent of parent/carers..... Date

