

MENU WEEK 1

Week starting: 22 Apr | 13 May | 10 June | 1 July | 22 July | 16 Sept | 7 Oct

MONDAY

Mild chicken curry served with rice

✓ Veggie bean taco with vegetable couscous

Ham And Cheese Panini

✓ Carrot cake with frosted topping

TUESDAY

Homemade ham & cheese pizza served with summer salad

✓ Sweet potato dahl with rice

Pasta With Tomato Sauce & Meatballs

✓ Fruit yoghurt selection

WEDNESDAY

Roast British chicken with sage & onion stuffing, roast potatoes & gravy

✓ Quorn fillet with sage & onion stuffing, roast potatoes & gravy

Chicken Lettuce & Mayo Bap

✓ Fresh fruit platter & crème fraîche*

THURSDAY

Beef meatballs served with BBQ sauce & rice

✓ Ricotta & spinach cannelloni in a tomato sauce with a hunk of bread

Jacket Potato With Cheese & Beans

✓ Banana muffin

FRIDAY

Breaded pollock fillet served with potato wedges

✓ Sweet potato whirl served with potato wedges

Fish Wrap

✓ Fruity flapjack with a glass of milk*

MENU WEEK 2

Week starting: 29 Apr | 20 May | 17 Jun | 8 July | 2 Sept | 23 Sept | 14 Oct

MONDAY

✓ Pasta in tomato sauce

✓ Quorn lattice slice with New potatoes

Ham And Cheese Panini

✓ Ginger cookie with a glass of milk

TUESDAY

Pork sausages served with mashed potato & gravy

✓ Vegetable biryani

Jacket Potato With Cheese

✓ Cheese & biscuits with fresh fruit*

WEDNESDAY

Roast British pork with apple sauce, roast potatoes & gravy

✓ Roasted vegetable quiche with roast potatoes

Roast Pork & Apple Sauce Bap

✓ Fresh fruit platter & crème fraîche*

THURSDAY

Beef & pasta bolognese

✓ Quorn pasta pesto

Hot Pizza Baguette

✓ Ice cream roll

FRIDAY

Wholemeal crumb salmon fillet served with oven chips

✓ Vegan style chicken nuggets served with oven chips

Fish Wrap

✓ Chocolate & beetroot brownie with a glass of milk

MENU WEEK 3

Week starting: 6 May | 3 June | 24 June | 15 July | 9 Sept | 30 Sept | 21 Oct

MONDAY

✓ **Homemade cheese & tomato pizza served with summer salad**

✓ Jacket potato filled with boston beans

Pasta & Carbonara Sauce

✓ Iced sponge

TUESDAY

Minced beef pie with golden puff pastry served with mashed potato & gravy

✓ Quorn & butternut squash curry served with rice

Ham And Cheese Panini

✓ Fruit yoghurt selection

WEDNESDAY

Roast British gammon with pineapple slice, roast potatoes & gravy

✓ Cauliflower cheese served with roast potatoes

Roast Gammon & BBQ Sauce filled Bap

✓ Jelly served with fresh fruit & crème fraîche*

THURSDAY

Beef burger in a high fibre bun with tomato sauce

✓ Veggie burger in a high fibre bun with tomato sauce

Pesto Pasta

✓ Fruit smoothie*

FRIDAY

Pollock fish fingers served with country style potatoes

✓ Quorn sausage roll served with country style potatoes

Fish Finger Wrap

✓ Chocolate Cookie with a glass of organic milk

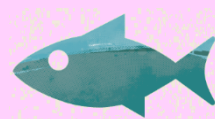
All dishes are served with seasonal vegetables

✓ - Suitable for Vegetarians.

* Desserts highlighted with an asterisk contain a minimum of 50% fruit.



All of our meat, poultry & cheese is Red Tractor Farm Assured. We never use fish on the Marine Conservation Society 'fish to avoid' list.



SURREY